

ENABLERS CHECKLIST

1. Consistent Routines/Schedules

- ǒ visual schedule: written/pictures
- ǒ same routines daily
- ǒ same language of instruction
- ǒ flip cards/check-off lists
- ǒ calendars

2. Knowledge of Expectations

- ǒ contingency management first....then....
- ǒ concrete methods to demonstrate
- ǒ order
- ǒ the amount of task
- ǒ what finished looks like
- ǒ templates
- ǒ timers/clocks

3. Desensitization

- ǒ gradually introduced to new situations
- ǒ reinforced for good behaviour in presence of triggers
- ǒ transitions planned: charts, pictures, photos

4. Rehearsal Strategies

- ǒ prior to event with few distractions
- ǒ priming
- ǒ flip chart with order of procedure
- ǒ social stories

5. Stimulus Cues (objects or actions that cue a response)

- ǒ transition objects
- ǒ visual cues
- ǒ finished model/match to sample
- ǒ termination cues

6. Environmental Adaptations

- ǒ lighting
- ǒ seating
- ǒ color-coding/labelling
- ǒ distractions

7. Augmentative Communication

- ǒ basic: yes, no, stop, help, I want (food, drink, toilet)
- ǒ choices
- ǒ in all environments
- ǒ functional

8. Peer Advocates

- ǒ training for peers
- ǒ credit for classes

9. Motivational Procedures

- ǒ sampling needed
- ǒ verbal
- ǒ non-verbal
- ǒ positive reinforcement
- ǒ concrete reinforcement
- ǒ planned motivating sequences of activities (premack)
- ǒ reinforce initiation
- ǒ offer choices
- ǒ use strengths/interests often